



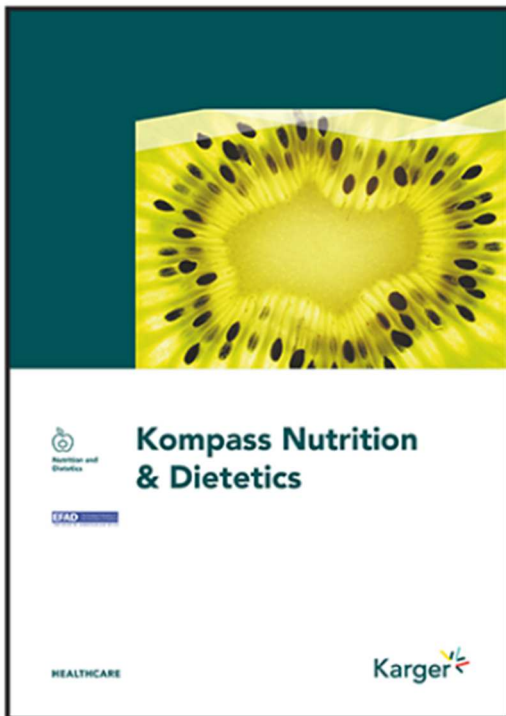
Welcome to your fortnightly EFAD Newsflash - please share this important update with your colleagues and ask them to subscribe.

Do you have a new project, campaign or event you'd like to share with the wider European dietetic community? If so, this Newsflash is the perfect channel for you to use free of charge to spread your news! [Please send any items](#) you wish to be included in the next edition.

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EFAD News

**Submit your entries for the next edition of the journal**



The second issue of Kompass Nutrition and Dietetics will be published in April - there's still time to submit information from your society or country for the Kaleidoscope or Calendar of Events.

The **Kaleidoscope** section offers a space to share new initiatives or research from your organisation.

Please submit copy (max 2,000 characters) along with a headline, any graphics or imagery, and the name, logo and address of the relevant institute/organisation.

If you have an **event** you'd like to include, please supply the name, details, location and web link.

The deadline for submissions is **15 March**. Please send submissions to the journal coordinator Elke Naumann at [E.Naumann@han.nl](mailto:E.Naumann@han.nl).



### **ESDN PH responds to public consultation on food labelling and nutrient profiling**

The European Specialist Dietetic Network for Public Health Dietitians (ESDN PH) responded to the public consultation launched by the European Commission regarding front-of-pack (FOP) nutrition labelling and nutrient profile schemes.

The ESDN PH fully supports the adoption of the Farm to Fork Strategy, as well the proposal for a harmonised mandatory front-of-pack (FOP) nutrition labelling and the revision of the Regulation on food information to consumers. The ESDN PH strongly recommend the involvement of public health dietitians in the process. The [full response](#) highlights the need:

- to increase citizens' food literacy

- to harmonise the use of FOP labelling, rather than opting for one scheme in particular
- to harmonise nutrient profile systems as a way to facilitate a meaningful and consistent labelling scheme across EU, which reinforces Art. 4 RE 1924/2006.

Manuel Moniño, Lead of ESDN PH

### Join one of our European Specialist Dietetic Networks

There is still time to apply to join one of EFAD's ESDN committees. Please [click here to see which roles are available](#). The deadline is 25 February.



### News

**ESPEN GUIDELINES**

AVAILABLE AS AN APP FOR SMARTPHONES AND TABLETS...

... AND WEBVERSION

[guidelines.espen.org](http://guidelines.espen.org)

App Development by Börm Bruckmeier Verlag

### ESPEN guidelines now available on app

The European Society for Clinical Nutrition and Metabolism (ESPEN) now offers three of its guidelines on the

ESPEN guideline app - clinical nutrition in cancer, inflammatory bowel disease, and clinical nutrition in liver disease - with more guidelines to follow.

The guideline app and the website are dedicated to professionals who encounter questions regarding the use of medical nutrition or nutritional support in general in their clinical everyday life. The guideline app programme is supported by ESPEN, the United European Gastroenterology (UEG), and the Medical Nutrition International Industry (MNI).

The app is available for download for [iOS](#) and [Android](#) and as a web-based version accessible at [guidelines.espen.org](https://guidelines.espen.org) for free.



### **Planning a stronger European Health Union**

In her first State of the Union address, drawing lessons from the COVID-19 pandemic, European Commission President Ursula von der Leyen highlighted the need to build a stronger European Health Union.

The Commission president also relaunched the idea of rethinking health competence, which is currently in member states' hands. Europe's Beating Cancer plan (find out more below) is a main priority of the Commission, and the development of the plan kicked off on 4 February 2020, followed by an extensive stakeholder consultation.

### **World Health Summit welcomes new President**

As part of the [EU4Health](#) Programme 2021-2027, the webinar 'A vision for a healthier European Union' took place last month - here are some of the highlights:

- €1 billion will be spent on health in EU between 2021-2027 (only €400m was spent over the years)
- Health workforce will increase
  - Non-communicable diseases account for 80% of health burden - 20% of the budget should go to prevention and health promotion
  - EFAD and our members can, and will, play a role in delivering the EU's 'vision for a healthier Union'

## 'A vision for a healthier European Union'



WORLD  
HEALTH  
SUMMIT



Axel Pries is the new President of the [World Health Summit](#), succeeding founder Detlev Ganten who is moving to an advisory role after 12 years.

Mr Pries said 2020 highlighted "the crucial importance of international, interdisciplinary, and intersectoral cooperation" and added: "To achieve that, we need to continuously improve our collaboration.

"In the face of the global threat posed by COVID-19, it is our duty as researchers, to use our accumulated expertise to combat the virus and develop therapies."

### Help spill the beans

Catholic University of Portugal is coordinating a Citizen Science experiment that aims to distribute 1,000 common bean varieties to citizens across Europe as part of the INCREASE project, funded by the European Union's Horizon.

Participants can plant these beans in their gardens, patios, balconies, school gardens and help promote genetic diversity of legumes in Europe.

[Find out more here.](#)





## New report on how global food system is impacting on biodiversity loss

Biodiversity is declining faster than at any time in human history, according to a new report by Chatham House. This paper explores the role of the global food system as the principal driver of accelerating biodiversity loss.

It explains how food production is degrading or destroying natural habitats and contributing to species extinction and discusses how a change in dietary patterns is needed to reduce food demand and encourage more plant-based diets.

[Find out more here](#) (sign-up required).

Policy and Strategy Updates



## European Commission presents €4bn Europe's Beating Cancer plan

ENHA and its partners, including EFAD, have collaborated to build EU level relationships with the aim to integrate nutritional care in EU health policies such as Europe's Beating Cancer plan. We are therefore very pleased to share that **nutritional support** has become part of the cancer plan, within a 'Inter-specialty cancer training programme' workforce.

However, ENHA also strives for more. Under the 'EU4Nutrition' flag, ENHA and its members and partners remain dedicated to developing a high level of interaction with the Commission, Committees, Members of European Parliament and other stakeholders to further drive implementation of nutritional screening and optimal nutritional care. Our call to action states: "If you are serious about health, you should be serious about nutrition."

In the coming months, ENHA will interact even more closely with the ONCA countries to ensure full implementation of the plan at Member State level.

[Download the Europe's Beating Cancer fact sheet here.](#)

Job opportunities

Eat Well Global has two exciting new positions within its European team – [Vice President](#) and [Account Manager](#) (click on the job titles to find out more).



Both virtual-based roles offer an excellent opportunity to support the organisation's dynamic work in food, agriculture and nutrition, interfacing with high-profile clients.

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The British Nutrition Foundation (UK) is currently looking for a **Nutrition Research Manager** and a **Communications Officer**. [Find out more about the roles, deadlines and how to apply here.](#)



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Spoon Guru (UK) is searching for a new **Head of Health and Sustainability** to help them impact on changing shopping behaviour with retailers around the world to impact healthier and more sustainable choices.



[Click here to read the job advert](#) and submit enquiries and applications to [markus@spoon.guru](mailto:markus@spoon.guru).

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The Department of Food, Nutrition and Culinary Science at Umeå University (Sweden) is recruiting a **Professor**. The position focuses on meals in a professional context, from the perspectives of professionals and customers/guests. [Find out more and apply here.](#)



## Events and webinars

16 February  
**Greens/EFA and United European Gastroenterology (UEG) Webinar**  
11am - 12pm CET

### **Understanding the Human Microbiome: The link to obesity and liver disease**

Take part in a lively discussion where expert speakers will explore the links between gut microbiome, nutrition, obesity and liver diseases.

[Register here.](#)



**ESPEN Webinar**  
**ESPEN Practical guideline on Nutrition in Cancer Patients: A multidisciplinary approach**  
**February 22, 2021**  
**3.00-4.20 pm**

22 February  
**ESPEN Webinar**  
3pm - 4.20pm CET

ESPEN holds its first webinar, in which the ESPEN Practical guideline on Nutrition in Cancer Patients will be discussed from a multidisciplinary point of view.

Representing EFAD, Dr. Harriët Jager-Wittenaar will speak about the dietitian perspective.

[Click here to access the programme](#) and [register for free here](#).



**ADVOCATING ON OBESITY INTERACTIVE TRAINING**  
**17.30 - 19.30 CET: 22 FEBRUARY | 24 FEBRUARY | 8 MARCH | 10 MARCH**

Build capacity, improve competencies and learn to plan multi-stakeholder advocacy actions via case study based practical training. Sessions are tailored to national situations and needs, and delivered by experts and international partner stakeholders.

To register, visit <https://easo.org/advocacy/advocating-on-obesity-workshop> or contact [advocacy@easo.org](mailto:advocacy@easo.org)

**EASO**  
European Association for the Study of Obesity

22 February, 24 February, 8 March, 10 March  
**EASO Advocating on Obesity 2021 Online Workshop Series**  
5.30pm - 7.30pm CET

This workshop series draws on research and good practices from across Europe to explore how we can engage with policymakers and other stakeholders to shift the dial on obesity policy.

[Register for free here](#) (please note you are required to attend all four events).



17 - 21 May

**European Public Health Week**



The European Public Health Week (EUPHW) aims to:

- Make the case for public health and a more inclusive society across Europe
- Raise awareness and amplify existing messages on five specific public health themes, in line with key organisations at European level
- Create trust and innovative ways of collaboration among all professionals contributing to public health at local, national, regional and European level

[Find out how you can get involved.](#)

[Subscribe to this Newsflash](#)

We hope you have enjoyed your new-look EFAD Newsflash. Any [feedback in regards to these communications](#), would be appreciated.

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To help spread the Voice of European Dietetics across the continent, please share widely with your colleagues and ask them to subscribe. [Please send any items](#) you wish to be included in the next edition and note that going forward, EFAD Newsflash will be sent fortnightly.

Join in with the conversation on social media and have your say on the advice, research and events that are taking place over Europe. Follow our social media platforms to get connected and involved.

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