



**UC** Leuven  
Limburg  
**MOVING MINDS**

**ΣΤΗ ΣΥΝΑΝΤΗΣΗ ΕΡΓΑΣΙΑΣ ΜΠΟΡΟΥΝ ΝΑ ΣΥΜΜΕΤΑΣΧΟΥΝ ΕΩΣ 15 ΦΟΙΤΗΤΕΣ ΤΟΥ ΤΜΗΜΑΤΟΣ ΕΠΙΣΤΗΜΩΝ ΔΙΑΤΡΟΦΗΣ ΚΑΙ ΔΙΑΙΤΟΛΟΓΙΑΣ (ΘΑ ΚΑΤΑΡΤΙΣΘΕΙ ΚΑΤΑΛΟΓΟΣ), ΒΑΣΕΙ ΤΩΝ ΕΞΗΣ ΚΡΙΤΗΡΙΩΝ:**

- **Ε-MAIL ΕΩΣ 23/10, ΩΡΑ 24.00' ΣΤΟ: [gaefragkiad@yahoo.gr](mailto:gaefragkiad@yahoo.gr)**
- **ΔΗΛΩΣΗ, ΣΤΟ ΜΗΝΥΜΑ, ΤΟΥ ΕΠΙΠΕΔΟΥ ΓΝΩΣΗΣ ΑΓΓΛΙΚΗΣ ΓΛΩΣΣΑΣ**
- **ΔΗΛΩΣΗ ΔΙΑΘΕΣΙΜΟΤΗΤΑΣ ΣΤΙΣ ΗΜΕΡΕΣ ΚΑΙ ΩΡΕΣ ΤΗΣ ΕΚΔΗΛΩΣΗΣ (ΟΛΙΚΗ Ή ΜΕΡΙΚΗ, ΠΟΙΕΣ ΗΜΕΡΕΣ ΚΑΙ ΩΡΕΣ)**
- **ΜΕΣΟΣ ΟΡΟΣ ΑΝΑΛΥΤΙΚΗΣ ΒΑΘΜΟΛΟΓΙΑΣ**
- **ΑΝ ΥΠΑΡΞΕΙ ΙΣΟΒΑΘΜΙΑ, ΘΑ ΠΡΟΤΑΧΘΕΙ Ο ΦΟΙΤΗΤΗΣ ΜΕ ΤΗΝ ΥΨΗΛΟΤΕΡΗ ΒΑΘΜΟΛΟΓΙΑ**
- **ΟΙ ΦΟΙΤΗΤΕΣ ΘΑ ΛΑΒΟΥΝ ΒΕΒΑΙΩΣΗ ΣΥΜΜΕΤΟΧΗΣ**

**Γ.Α.ΦΡΑΓΚΙΑΔΑΚΗΣ**



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## AGENDA

### Workshop “Food Technology: Olive Oil - Food Package”, 25-29/10/2021, Sitia, Crete, Greece

[Hellenic Mediterranean University \(HMU\) Dept. of Nutrition and Dietetics Sciences \(HMU\), Crete, Greece](#)

&

[University College of Leuven Limburg \(Belgium\)](#)

[WITH A WELCOME AND TALK OF THE INTERNATIONAL-OFFICE HMU DIRECTOR PROFESSOR K. PETRIDIS, AND THE DEAN PROFESSOR V. ZAFIROPULOS](#)

[MONDAY 25th OF OCTOBER 2021](#)

Monday morning 10.00' am to 14.00' pm

Topics for presentations and discussions, mainly among students, as introduction at the first day:

- We are from Belgium/Greece – introduction and highlights
- Belgian/Greek food – that can be found in our markets
- Exchange of views and opinions or concerns of the students, concerning nutrition, education, their future or other



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## MONDAY 25th OF OCTOBER 2021

### Monday afternoon 16.00' m to 19.00' pm

- State of the Olive Oil Industry: Supply, Distribution and Demand
  - Documented Health Benefits of Olive Oil, Discussion
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## TUESDAY 26th OF OCTOBER 2021

### Tuesday morning 09.00' am to 12.00' pm

- Olive Oil Consumer Attitude & Usage – European Eating Habits
- Olive oil organoleptic attributes
- The Olive Oil Usage in the Kitchen and Lifespan, discussion
- Refreshments break

### Tuesday noon 12.15' pm to 13.45' pm

- Perspectives on a current-research food-technology program:

*“Sustainable food packaging based on essential oils in polymer matrices”* -NANOBIOPACK (Prof. Stephanos Zaoutsos, Prof. Ioannis Giavasis, Prof. Emmanuel Koudoumas et al.)

**NANO**  
**Bio Pack**



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**Tuesday afternoon 17.00' pm to 19.00' pm (last bus)**

Welcome reception at the Department's Buildings

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**WEDNESDAY 27th OF OCTOBER 2021**

**Wednesday morning 10.00' am to 12.00' pm**

- Welcome by the Major of Sitia (Mr. G. Zervakis) and discussion with the students, in the Sitia City-Hall, Patriarch Bartholomew Street No 9, 723 00 Sitia
- Free noon and afternoon, visits (Museum etc.)

**Wednesday afternoon 18.30' pm to 22.00' pm**

- Participation in a fest with traditional "tsikoudia" distillation (Epano Episkopi village, Vakondios place, 9 Km from Sitia)
  - Olive Oil Tasting in Practice (parallel organoleptic test)
  - Discussion, Interaction and Official Farewell
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**THURSDAY 28th OF OCTOBER 2021**

- 09.00' am - free time, local-parade watch (12.00' - 13.00'pm)
- 14.00 pm - preparation for departure of the Belgian group

**END**