

# Curriculum Vitae

## *Ioannis Sfendourakis*

### Personal Information

*Date of Birth: 04.01.1973*

*Place of Birth: Mytilini*

*Marital status: Married*

### Contact Information

*sfendourakis@staff.teicrete.com*

*Katapoti 106*

*72 300 Sitia Crete*

*Telephone (office): +30 2843029498,*

*Fax: +30 2843026683 mobile: +30 6981313507*

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### Education

2021-2024	PhD thesis in the Department of Social Work/School of Health Sciences/HMU. Topic of the PhD thesis: <i>Food Security and Dietary Integration. A study in Immigrants, in Crete</i>
2012-2013	Master in Business Economics, Finance and Banking. A collaboration MSc Program between the University of Portsmouth & Technological Educational Institute of Crete
2002-2006	Bachelor in Hellenic Open University «European Cultural Studies» School of Humanities
1991-1993	Graduate of Tourism Vocational School in Crete. Specialization: Reception & Restaurant
6/1993 - 9/1993	Participation as a scholarship student of Tourism Vocational School, in the training program 'Petra' in Denmark

### Working Experience

23.02.18 until today	Laboratory Teaching Personnel in the Department of Nutrition & Dietetics Sciences/School of Health Sciences/HMU.
2017 until today	Internship Supervisor
2011-2018	Administrative Officer in the Department of Nutrition & Dietetics Sciences/School of Health Sciences/HMU

	Students & Staff, within the scope of Erasmus+ program, Student Internship & Student Thesis
	Head Administrative Officer in Student Residence/Department of Nutrition and Dietetics Science/HMU
2008-2010	Administrative Officer in Student Residence/National Foundation for Youth
2003-2008	Seconded as an Administrative Officer of Ministry of Education in Greek General Consulate in Stuttgart, at the office of Educational Coordinator
7/2004 to 12/2006	Secretary of the exclusive five-member official secondary school council in Greek General Consulate in Stuttgart
2006-2008	Financial responsible Officer for the Special Account of the Greek State: ‘Financial aid in school institution department of Mother Language – Baden Württemberg in Germany
1999-2003	Administrative Officer at the central branch of National Youth Foundation, in Athens
1997-1998	Administrative Officer in Sitia’s Municipality Enterprise of Culture and Tourism

**Publications**

Lemonakis, C., Andreopoulos, Z., Sfindourakis, I.,  
Lianoudaki, K., Garefalakis, A. (2015). Risk assessment –  
fish-farming industry-financial distress of Greek firms,  
‘Prediction of firms financial distress: the case of the Greek  
fish- farming industry’ Journal of Environmental  
Protection and Ecology 16, No 2, 528–538

Sfindourakis, I., Thalassinos, N., Spyridaki, A.,  
Markaki, A., Zafirooulos, V., Fragkiadakis, G. A. (2016).  
Future Academy, C-crs Volume IV (eISSN: 2301-2358),  
Studies success in Tertiary Technological Education: A  
case in Nutrition-Dietetics,  
<http://dx.doi.org/10.15405/book.5.2>

Thalassinos, N., Sfindourakis, I. Fragkiadakis G. A.

(2017). The problems faced by vocational high school students in Tertiary Technological Education: Nutrition & Dietetics'Institute of Humanities & Social Sciences, 3<sup>rd</sup> Pan-Hellenic Scientific Conference, Heraklion Crete 05-07<sup>th</sup>, ISBN: 978-618-81896-5-2,

Sfendourakis, I., Thalassinos, N., Fragkiadakis, G. A. (2018). Tracking High school and University Performance: a case study in Nutrition & Dietetics Department'Institute of Humanities & Social Sciences, 4<sup>th</sup> International Scientific Conference, Heraklion Crete,

Spyridaki, A., Kotsoni, E. K., Thalassinos, N., Sfakianaki, E., Sfendourakis, I., Markaki, A. (2022). The gluten free diet challenge in adults with coeliac disease: the Hellenic survey, Journal pre proof S2772-6282(22)00022-x, <https://dx.doi.org/10.1016/j.pecinn.2022.100037>

Thalassinos, N., Sfendourakis, I., Tsikalakis, G., Fragkiadakis, G., (2022). Students perceptions concerning study in the Department of Nutrition & Dietetics Sciences/School of Health Sciences/HMU

Sfendourakis, I., Ratsika, N., Fragkiadakis, G. A. & Lemonakis, C. (2023). Food Habits and Immigrants Intregation: A Study in Crete, Greece, Research Article, vol. 6, Issue 3, page 117-126, Journal of Food Science and Nutrition Research, Fortune Journals, <https://doi:10.26502/jfsnr.2642-110000137>

**Foreign Languages**

English C2

French C1

Deutsch B2

**Computer Skills**

2008

E.C.D.L. DEGREE:

- Microsoft Word 2003
- Microsoft Excel 2003
- Internet & Outlook Express 6.0

**Seminars – Workshops**

2/2002 - 3/2002

Participation in the program: Technical Training in Administrative Document'

09-10.03.2007

Participation in educational seminar for administrative Officers in Greek General Consulate in Stuttgart Germany

15-19.03.2010

Participation in the educational program of the European Centre for High Technology: 'Management by objectives'

**Social Interests**

2015-2020

Elected City Councilor

2011-2014

President of the Municipal Community in the Municipality of Sitia – Crete

2017

President of Sitia's Tennis Club

2008

Tennis Coach Diploma from Wurtembergisches Tennis Bund, Stuttgart Germany