



**UC Leuven
Limburg**
MOVING MINDS

AGENDA

Workshop “Food Technology: Olive Oil - Food Package”, 25-29/10/2021, Sitia, Crete, Greece

[Hellenic Mediterranean University \(HMU\) Dept. of Nutrition and Dietetics Sciences \(HMU\), Crete, Greece](#)

&

[University College of Leuven Limburg \(Belgium\)](#)

[WITH A WELCOME AND TALK OF THE INTERNATIONAL-OFFICE HMU DIRECTOR PROFESSOR K. PETRIDIS, AND THE DEAN PROFESSOR V. ZAFIROPULOS](#)

MONDAY 25th OF OCTOBER 2021

Monday morning 10.00' am to 14.00' pm

Topics for presentations and discussions, mainly among students, as introduction at the first day:

- We are from Belgium/Greece – introduction and highlights
- Belgian/Greek food – that can be found in our markets
- Exchange of views and opinions or concerns of the students, concerning nutrition, education, their future or other



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MONDAY 25th OF OCTOBER 2021

Monday afternoon 16.00' m to 19.00' pm

- State of the Olive Oil Industry: Supply, Distribution and Demand
 - Documented Health Benefits of Olive Oil, Discussion
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TUESDAY 26th OF OCTOBER 2021

Tuesday morning 09.00' am to 12.00' pm

- Olive Oil Consumer Attitude & Usage – European Eating Habits
- Olive oil organoleptic attributes
- The Olive Oil Usage in the Kitchen and Lifespan, discussion
- Refreshments break

Tuesday noon 12.15' pm to 13.45' pm

- Perspectives on a current-research food-technology program:

“Sustainable food packaging based on essential oils in polymer matrices” -NANOBIOPACK (Prof. Stephanos Zaoutsos, Prof. Ioannis Giavasis, Prof. Emmanuel Koudoumas et al.)

NANO
Bio Pack



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Tuesday afternoon 17.00' pm to 19.00' pm (last bus)

Welcome reception at the Department's Buildings

WEDNESDAY 27th OF OCTOBER 2021

Wednesday morning 10.00' am to 12.00' pm

- Welcome by the Major of Sitia (Mr. G. Zervakis) and discussion with the students, in the Sitia City-Hall, Patriarch Bartholomew Street No 9, 723 00 Sitia
- Free noon and afternoon, visits (Museum etc.)

Wednesday afternoon 18.30' pm to 22.00' pm

- Participation in a fest with traditional "tsikoudia" distillation (Epano Episkopi village, Vakondios place, 9 Km from Sitia)
 - Olive Oil Tasting in Practice (parallel organoleptic test)
 - Discussion, Interaction and Official Farewell
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THURSDAY 28th OF OCTOBER 2021

- 09.00' am - free time, local-parade watch (12.00' - 13.00'pm)
- 14.00 pm - preparation for departure of the Belgian group

END